



Spring 2011 · Vol 24 · No 2

2011 AGM has NEW EXTRAORDINARY OPPORTUNITIES for YOU

Attend AGM program plus a workshop on Healthcare Team Effectiveness or a PMI course

By President-Elect: Dr. Nahid Azad



Your AGM committee has an exceptional meeting planned for you this year: Trailblazers: Catching Our Dreams, to be held in Vancouver, from September 16-18, 2011. Inside this

newsletter (pgs 10-11) you will find the program and registration information. We encourage you to register early (and book your hotel). The early-bird deadline is **June 30th** and the prize this year not only includes a room upgrade and Soirée ticket for the main winner but also 4 additional draws for Soiree tickets! After a day of meeting, those with a Soirée ticket can enjoy the fresh ocean air and a chance to socialize on a sunset harbour cruise.

The AGM program includes, networking events on the Friday evening and Saturday afternoon to allow all delegates a chance to connect with one another. The awards lunch on the Saturday (included in your fee); is a chance to celebrate four women who aptly fit the theme of trail-blazer.

New! Pre-conference workshops, Friday, September 16th: Uniquely for this year's AGM, we are pleased to be able to of-



fer delegates two choices of workshops before the conference. Enrolment is limited so don't miss out on these opportunities to improve your management, leadership and team-building skills! Healthcare Team Effectiveness (HTE): HTE is an innovative process designed to develop excellence in teamwork and collaborative healthcare teams. The goal of the HTE process is to improve healthcare delivery through enhanced efficiency of interdisciplinary teams. This accredited workshop is exclusively for team leaders, is limited to 30 participants and will include a valuable Tool Box. PMI: Managing People Effectively: delegates can conveniently take a Physician Management Institute course at a significantly reduced rate. This PMI course will hone your HR management competencies in order to be successful in the manager role. This accredited course will be facilitated by the highly regarded, Monica Olsen and is limited to 40 participants.

We hope that you will join us in Vancouver to be inspired by outstanding medical women, new advances in women's health care and be rejuvenated by taking time to connect with colleagues and students alike! For information and on-line registration (now open!) go to: www.fmwc.ca

FMWC Mission Statement

The Federation of Medical Women of Canada (FMWC) is committed to the development of women physicians and to the promotion of the well-being of all women.

La Fédération des femmes médecins du Canada est vouée à l'avancement des femmes médecins ainsi qu'à la promotion du bien-être des femmes en général.

FMWC Executive Committee 2010–2011

President:

Dr. Deborah Hellyer

President-Elect:

Dr. Nahid Azad

Past President: Dr. Andrea Canty

Honorary Secretary:

Dr. Cathy Wilkie

National Treasurer:

Dr. Vyta Senikas

MWIA National Coordinator:

Dr. Maureen Law

FMWC Newsletter

Editor: Dr. Crystal Cannon

The FMWC Newsletter is published three times a year and sent to members as a perquisite of membership. Next deadline is September 15, 2011.

Views and reports appearing in the Newsletter are not necessarily endorsed by the FMWC. Contributions of articles, reports, letters, notices, resource information and photographs are encouraged.

Submissions and membership inquiries to the National Office:

FMWC, 780 prom. Echo Drive Ottawa, ON K1S 5R7

Tel: 613-569-5881 or Tel Toll free: 1-877-771-3777 Fax: 613-569-4432 or Fax Toll free: 1-877-772-5777 Email: fmwcmain@fmwc.ca Web: www.fmwc.ca

Commercial Publication Agreement No. 1437895; ISSN 1209-1332 © 2011 Federation of Medical Women of Canada/ Fédération des femmes médecins du Canada.

Physicians' Health

By President: Dr. Deborah Hellyer



I was recently invited to attend, on the behalf of the FMWC, a session on the future directions for physician health and wellbeing. This was cosponsored by the CMA and Canadian

Medical Foundation. It gave me an opportunity to reflect on the importance of physician health.

There has been a significant commitment by the PTMAs (Provincial and Territorial Medical Associations) and CMA to the development of a physician health network and national conferences. With the recent economic constraints, the future of some of the provincial programs are at stake. Most of the programs predominantly focus on addictions and disruptive behavior which I believe, although

exceedingly prudent, represents the tip of the iceberg. There is so much more to be done. Recognition of preventative strategies encompassing the optimization of a physician's health is important. As an occupational physician, this is an area I have been interested in.

Even though more attention than ever is being paid to issues of physician health, medical practice is still embedded in a culture that values professional achievement and scientific mastery over personal, family and relationship needs. The old adage that medicine takes priority over everything else is still prevalent! The other urban myth is that physicians thrive and are immune to the stressors of practice and if they do succumb to illness they need to do so in silence.

Workers should be ensured a safe and healthy workplace environment. As more women enter medical practice issues such as the accommodation of women during

(continued on page 3)

Vote!

By Newsletter Editor: Dr. Crystal Cannon



My mother always told me to avoid talking religion or politics. In my life so far, I have been reminded on occasion of the wisdom of her words. However, the country is facing a federal elec-

tion on May 2^{nd} whether we want it or not so I am going to carefully discuss politics.

The CMA and many of the national and provincial medical associations have links to information about the candidates seeking election in May. As members of the FMWC, I urge you to review the policies of each party and especially their plans for supporting women's health and women's concerns. Although I am planning to stay out of trouble in this newsletter, may I sug-

gest you support the party most likely to support women and to help sustain universal health care in Canada.

No matter your party affiliations, please vote and encourage your friends, colleagues, patients and family to do so. A large number of Canadians stay home on Election Day. Let us try to improve voter turnout to ensure a meaningful election result in May.

All the best for a great spring and summer. Hoping that all have planned time off to relax and refuel for the fall.

 Check out the CMA's election website: www.cma.ca/election2011, which contains some resources for members (i.e. an Election Toolkit and a Voters' Guide).

Share Your Story!

The deadline for the Fall 2011 newsletter is September 15, 2011

Pay Gaps for Women in Science and Medicine

By: Drs. Catherine Tsilfidis (Senior Scientist, Ottawa Hospital Research Institute) & Dr. Nahid Azad



According to a study published in the February issue of Health Affairs, newly-trained female doctors face a significant wage gap in comparison to their male counterparts. The study examined

survey data from 4,918 male and 3,315 female physicians exiting training programs in New York State between 1999 and 2008. Rather than improving, the authors found that the gender gap is steadily increasing from just \$3,600 in 1999 to \$16,819 in 2008.

Traditionally, the wage gap between male and female physicians has been attributed to the fact that women choose lower paying jobs in primary care fields. This no longer applies. A decreasing percentage of female physicians are choosing primary care fields and an increasing number are choosing specialty fields traditionally occupied by men. In fact, even after the data was corrected for factors such as medical specialty, hours worked and practice setting, the disparity persisted and increased between 1999 and 2008.

Does this mean that discrimination against women is increasing, despite the fact that women are increasing their numbers in

the physician workforce and are moving in great numbers into male dominated specialties? Not necessarily, according to the study authors, Lo Sasso et al. Although they cannot make categorical conclusions because they don't have the data, they suggest that the huge influx of women into the physician workforce may be reshaping the nature of medical practice. If the profession is becoming more flexible and family friendly, women physicians may welcome this flexibility even if it comes at a cost of lower pay. The authors suggest that rather than being penalized for their gender, female physicians may be accepting non-financial compensations in exchange for schedules that are compatible with family life.

It is difficult to say if similar trends are seen with newly trained Canadian physicians. The updated data is simply not available. According to the National Physician Survey, what is known is that overall, males are slightly more likely to receive 90+% of their income through feefor-service (54% vs. 50%) - FFS normally translates into a higher number of patient visits and income. This disparity increases when only the medical specialties are considered (55% vs. 44%). Women tend to find more salaried payment models. It would be interesting to see if the wage disparities are as pronounced in Canada as they appear to be in the U.S.

Although additional studies are warranted, if the wage disparities between men and women are indeed accounted for by increased family friendly environments and increased non-financial compensations, then the news is not all bad in the medical profession. Unfortunately, the same cannot be said of the experience of female university teachers (both within medical faculties and outside). The good news is that the male-female salary gap has narrowed in the past 20 years. The bad news is that female professors are still lagging behind their male colleagues both in salary and in advancement, even after correcting for university rank and age. According to the Canadian Association of University Teachers (CAUT) Equity Review, this starts off as only a 1% difference at the lecturer level but increases to 4.5% at the highest academic ranks (full professor). Moreover, as one moves up through the academic ranks from assistant to associate to full professor, the percentage of women at each of these levels drops significantly (from 42% to 36% to 21%, respectively, according to 2006 data).

The bottom line is that we have come a long way, but we still have a long way to go. Knowledge is power, and studies like those conducted by Lo Sasso et al. and by CAUT will enable us to be better equipped when we enter into negotiations.

Physicians' Health (continued from page 2)

pregnancy and child rearing years; increased risk of fetal and maternal complications due to delayed childbearing; exposure to toxins, violence, radiation, physical demands including shift work, chemical/biologic and infectious agents are recognized as risks to both maternal and fetal health need to be addressed.

Women in medicine balance the many roles of mother, spouse and parental caregiver in addition to the demanding requirements as a physician. This places additional stresses requiring flexibility, ingenuity and supportive family and collegial relationships. Physicians should be supportive of colleagues. The FMWC

recognizes the importance of networking, mentoring and supporting colleagues. Members are urged to utilize the networking opportunities that are offered through the website, branch meetings and at the national conference. As an organization, we recognize the importance of advocating access to a family physician and an increased awareness and commitment to healthy lifestyles including nutrition, sleep, physical activity and spiritual activities. Remembering to place our health needs as a priority so that we can support the requirements of family and patients, although at times difficult to achieve, is still critical.

Physicians are considered the role models for our patients. We do know that physicians who are physically active and are nutrition conscious are most likely to council patients on healthy lifestyle options.

I encourage that we as women physicians strive to achieve self-awareness, recognize the importance of aiming for a balance between competing commitments. Recognize and utilize the supports provided through the FMWC. In addition, most PTMA's do provide confidential supportive services and I encourage physicians to access and advocate for these services.

Register for the 2011 National Pap Test Campaign! October 23-29, 2011

By Committee Chair: Dr. Sajni Thomas



This year we will be working in partnership again with the Society of Obstetricians and Gynaecologists of Canada as well as several other medical associations and provin-

cial partners to strengthen our campaign and to increase awareness and access to cervical cancer screening. Our ultimate goal remains the same: to reach out to women across Canada, increasing awareness, encouraging women to get their Pap test done and providing access to health care services.

The 2010 patient survey confirmed the importance and impact of the campaign. The survey was completed by 729 patients and showed that:

- 38% of patients reported having no family doctor
- 35% had not had a Pap test in over 3 years (under-screened) or were never screened
- 35% of respondents said the Campaign had a high impact on their decision to get a Pap test

In addition to this survey, one of our partners, the Saskatchewan Cancer

Agency, conducted their own survey. One statistic we found particularly interesting was that when asked "Why did you attend this Pap Test Clinic", 13% said that: I have a male care provider and am uncomfortable with him performing a Pap test". Clearly, this reinforces the FMWC having a role to play in providing Pap tests!



In 2011, we intend to build on the success of the 2010 campaign by recruiting more partners, more clinics and ultimately more patients having Pap tests. A key area of focus, as requested by our clinics, is more public promotion in order to encourage more patients to attend the clinics. We would also like to promote these clinics in underserviced areas and try to encourage more immigrant women to get their Paps.

The theme for 2011's campaign will be: Don't count on luck

"What are the odds?"

Think getting cervical cancer won't happen to you?

You need to know that each year in Canada:

- · 400,000 women receive an abnormal Pap test result
- Of these, 1,300 to 1,500 are diagnosed with cervical cancer
- · Of these, almost 400 will die of the disease

Because odds are ... it might happen to you.

Don't count on luck to save you from cervical cancer.

Get your Pap test today. Pap tests save lives.

This messaging is based on the feedback from the patient survey. The respondents told us that a key message they felt would motivate others to have a Pap test done was that over 400,000 women have abnormal Paps each year. Please see the poster above!

Registration 2011: on-line registration for Pap test clinics is now open (registration will also be possible by fax). We would ask all FMWC members to consider participating and supporting this worthwhile campaign whether they host a clinic or help to spread the word! Together, we can improve access to health care services, increase the number of Pap tests and prevent cervical cancer!

Pregnancy and Managing Addiction

By: Dr. Patricia Mousmanis



PRIMA's (Pregnancy-related issues in the Management of Addiction) mission is to educate health care professionals on the management of pregnancy and substance use. PRIMA was es-

tablished in 2005 and has expanded with participants from across Canada including

addiction physicians, family physicians, obstetricians, midwives, nurses and nurse practitioners, child protection workers and social workers.

Education: To date, PRIMA has conducted workshops in all regions of the country. PRIMA has also produced a resource manual containing clinical protocols on screening, assessment, and management of substance use in pregnancy. PRIMA hosts a website with resources and a list-serv (email distribution list) that regularly presents cases and issues for dis-

cussion and comment. PRIMA members have also been involved in public advocacy for improved care and more humane attitudes towards pregnant substance users. PRIMA information can be accessed at www.addictionpregnancy.ca

PRIMA faculty are available to teach at 1-day and 2-day workshops with local communities who are able to host and fund these educational events. For more information, contact Patricia Mousmanis at drpat@rogers.com.

Regional News

Dr. Teresa Clarke, Vancouver Branch: Dr. Shelley Ross (see pg 16), a long-term member of the FMWC and the Secretary-General of the MWIA, has been elected by acclamation to the position of **President-Elect of the BCMA**. Her term in this position begins in June and the Vancouver branch is planning a celebration.

The Vancouver branch celebrated International Women's Day on March 8th by getting together for dinner downtown followed by attending Irshad Manji's presentation at the Centre for Performing Arts. It was an enlightening and inspirational evening listening to a remarkable Canadian feminist whose books have inspired the Islamic world.

The Vancouver Branch's students hosted a mentor evening in February as well as a Women's Health evening in March (see UBC report, pg 7).

Dr. Lianne Lacroix, Okanagan Branch: The branch held an "African Evening" on November 23, 2010 in my office waiting room. Our guest speakers were Dr. Linda Hawker and Dr. Shawna Koehle, local family docs who told us about their medical work in two different African countries as part of NGOs. We were served an African food buffet from a local bistro that looked up African recipes on line. The turnout included 14 women docs. We also invited the male docs and staff of our building so that we had 30 people in attendance. It was an interesting and different evening.

Dr. Crystal Cannon, Thunder Bay Branch: We did manage a Yurt weekend campout at Quetico Provincial Park this year on the weekend of March 4th. It was colder than last year but we valiant athletes managed to be active on skis and snowshoes. I managed several face plants in the deep snow drifts on the lake and river. We had great meals and wonderful company all weekend. I think we will plan for a yearly event and perhaps a summer interlude as well.

Dr. Zohra Docrat, Janet Hall Branch (JHB): Through the efforts of Charmaine Roye and myself, we gathered 36 women (members and non-members) to attend and celebrate International Women's Day here in Brantford. This event, now in its second year, was organized by Nova Vita, our women's shelter, along with a local women's sorority, Beta Sigma Phi. This is a fundraising event, with all proceeds going to support Nova Vita. The speaker in 2010 was Sally Armstrong, and this year was Rona Maynard, journalist, author, and previous editor of Chatelaine magazine. Through our support, we helped raise \$2,300, which was matched by RBC, for a total of \$4,600! FMWC and JHB were recognized as supporters of the event.

Dr. Vivien Brown, Toronto: The branch, in conjunction with our active student branch has been busy! In February, partially celebrating Heart Healthy Month, Dr. Beth Abramson, generously shared her experience with gender issues as a cardiologist, working in a man's world. This was a personal discussion of some of the real life issues faced in our academic world. This month, Prof. Stein returned with her gift to us, a workshop on public speaking, so that as women in this profession we can learn to be assertive and effective without being labeled as aggressive. And finally, at the end of April, we have been able to invite Dr. Joel Palefsky, a world-class researcher and recently published author in NEJM, to speak on the newest research in anal cancer in men and women and the benefits of vaccination. This dinner event will be held at Bistro 990. Please consider attending on April 29, 2011!!!

Dr. Vivien Brown (Regional Rep), Montréal: there will be a networking event in Montréal on June 15th at the McGill Faculty Club, more details coming soon!

Dr. Janet Dollin, Ottawa: Ottawa branch held two interesting events in

February in conjunction with Heart & Stroke month. We decided to improve our own Heart Health by spending one evening skating on the canal and another evening taking a Zumba class. Very fun!

In March, we honoured International Women's Day (IWD) with a breakfast meeting and a very inspiring guest speaker. This year marked the 100th year of IWD. We aimed to live up to the vision set by organizers of events across the globe and feel that we did just that "The International Women's Day Centenary should make the women of past proud, the women of current inspired, and the women of the future envisioned."

Our guest speaker was Jan Hatcher Roberts, and she spoke about international aid for women's health and where our philanthropic time and dollars as well as our own taxes go so as to be able to direct them most effectively. She spoke about health as a basic human right. Jan is Executive Director of the Canadian Society for International Health where she has overseen the design and implementation of global health systems strengthening projects in Africa, Asia, Latin and Central America and Eastern Europe.

Dr. Kerry Jo Parker, Saint John: In Saint John we have had two events since the last newsletter, one sponsored by a pharmaceutical company and the second entirely FMWC sponsored and organized. The latter was a "Women in Medicine" evening with local female physicians and the student chapter of the brand new New Brunswick-based medical school class. This was a great success with opportunities for the medical students to hear what life is really like for women in a variety of specialties. As well, the students now have the faces and names of a variety of women who may become mentors in the years to come. This was a wonderful event that will hopefully become a local tradition.

Membership Announcements

- Early-bird draw: Again in 2011 for "Early Bird" membership renewals, names were entered a draw for a free registration to 2011's AGM in Vancouver. Congratulations to our winners: Ms. Kerry Worth (Ottawa) and Dr. Wendy Norman (Vancouver).
- Thank you to all the members who participated and who renewed early.
- Membership Directory: the directory is now complete! Consider saying yes to sharing and mentoring! If you have any questions, please contact the national office.
- Renew your membership today by renewing on-line at: www.fmwc.ca or you can contact head office for a membership form. Members get access to branch events, the FMWC newsletter, awards and scholarships and a reduced rate for the AGM!

Outgoing National Student Rep, Christa Aubrey:

As my time as National Student Representative comes to an end I want to thank all the student representatives for their commitment to promoting the FMWC and for their contributions to furthering the medical student profile of the FMWC. During my short term I have seen a lot of positive changes occur within the FMWC and it has been exciting to be involved in an organization that supports the development of female physicians, starting in medical school! I would like to introduce the incoming National Student Representative - Pamela Verma, a third year medical student at UBC. Pamela has shown leadership and commitment to the FMWC through being one of the UBC student reps and this year has also been the National Student Rep. Alternative. Thank you to everyone who has supported me in my role this year, and I look forward to continuing to be involved in the FMWC.

Incoming National Student Rep, Pamela Verma:



Hello Fellow Medical Women Students! It is my pleasure to undertake the role of your National Student Representative in 2011-2012. It was great to begin our student discussions at the Toronto AGM in 2010 and I hope that the upcoming AGM in my hometown of Vancouver will continue to build on our work.

Your voice has been heard! I am pleased to announce the first annual **Student Leadership Award**. Applications are due June 30th. Please take the time to recognize the incredible work of our colleagues (more details can be found on-line: www.fmwc.ca).

In addition to my role with FMWC, I also serve as the Director of Communications for the Young MWIA board. As a FMWC member, you can also enjoy the benefits of belonging to a network of colleagues across the globe!

I encourage you to make the most of all the resources membership offers to our students.

Please contact me with ideas, comments and questions at: pamverma@interchange.ubc.ca

Dalhousie Medicine New Brunswick (Melanie Matheson-Orchard/Amy Russell): The student group recently participated in a "Women in Medicine" evening hosted by the Saint John Branch. Many local women physicians attended and spoke about a day in their lives and the unique experiences of women clinicians. The event was a great success and we hope to make it an annual event.

The student group has also recently been invited back to local high schools to give a talk on women's health presented to a local school in the fall.

We are also very excited to welcome Amy Russell as a second student representative for our student group. Amy is passionate about women's health and brings great enthusiasm to this leadership role.

Queen's University (Renée M. Farrell): The inaugural year of the Queen's student branch was a success, hosting a "Women in Medicine" evening with a panel of 11 physicians and 100 attendees. The new representatives of the Queen's student branch, first year medical students Erin



Kathleen Callanan, MUN/FMWC Feb-U-Hairy bake sale.

Rogers, Renee Farrell and Klaudia Jumaa, are hoping to keep the tradition alive next year with a new panel of speakers.

In addition to the larger panel event, the coordinators hope to initiate smaller meet-and-greet speaker sessions. These sessions, starting Sept. 2011, will be more intimate and center around a particular discussion with a female physician from a field of interest. The coordinators hope to host the events on a monthly basis.

University of Toronto (Kathryn Isaac/Toni Burbidge): Our first event in spring was a workshop for public speaking and presentation skills. The event's aim was to enhance our public speaking abilities by emphasizing key features of a captivating presentation and practicing these competencies in small group activities. Prof. Janice Stein, graciously dedicated time to lead this new event. We are very grateful to have such an intelligent and eloquent female speaker initiating this workshop to address these important skills required for our future careers.

Later in April, our focus on preventative medicine will be explored with an expert-lead discussion on the application of the HPV vaccine in the male population. Dr. Joel Palefsky, an Infectious Disease Specialist from the University of California, will be our guest speaker for a dinner education event on the application of HPV vaccination in the prevention of anal cancer.

(continued on page 7)

Student News/Maude Abbott Funds

Student News (continued from page 6)

University of Western Ontario/Windsor (Lisa Gabrielli/Laura Allen): This spring, we are working closely with local physicians to coordinate an informal panel discussion regarding the challenges faced by women in medicine throughout various stages of their careers. We hope to give students the opportunity to ask those questions that may not otherwise be addressed in the course of their training.

University of Calgary (Michelle Chan/ Carmen McCaffrey): Refreshing our goals/Future events: we are looking to initiate more events with both professional and student members. We are hoping to organize a small learning and networking event with the professional chapter. We are assessing if there is any interest in bringing an image consultant to the school to do a workshop and then have an opportunity for students and professional members to meet afterwards. We are also working on reassessing what our student members would like to see in terms of events and opportunities. A meeting will be held soon to update and assess folks who are interested in joining FMWC for the class of 2013.

UBC (Kristin DeGirolamo/Pamela Verma): Mentor Event #2 What's Your Passion? In February, we had the pleasure of having Dr. Claire Weeks present to a group of 8 students. Dr. Weeks is a retired physiatrist with a passion for working with those with spinal cord Injuries. Dr. Weeks has travelled to many third world countries and spoke very passionately about the people she has met and worked with over the years. It was a wonderful evening of tea, treats and passion-sharing!

An "Update on Women's Health" was our 2nd big event of the year. We had Dr. Dorothy Shaw give an update on global issues in women's health, Dr. Heywood give an update on ovarian cancer and Dr. Ghodsian speak to the role of naturopathic medicine in women's health. We served a great dinner, listened to great speakers and had a chance to get an update we can then apply to all our patients.

Thanks to everyone who came out this year and supported all our events and we hope you continue to attend! Any feedback is always welcome!

Maude Abbott Research Fund (MARF) – Now open for applications!

MARF complements the existing Maude Abbott Loan Fund and other awards that are given to members of the FMWC. The research grant offered by MARF enhances the mandate of the FMWC to promote the well being of women and women physicians. Research grants of \$1,000 to \$2,000 will be given to Federation members for a research in the areas of Women's Health, Education and Promotion. The application form and details can be found on the website @ www.fmwc.ca Please contact the national office if you have any questions about MARF or require a paper copy of the application form. The deadline for applications is June 30, 2011.

Information regarding the application for the MARF grant:

- 1.All active members, resident and student members of FMWC may apply for a grant for clinical research, education and promotion of women's health.
- 2. Topics for research, education and promotion of women's health should be consistent with the goals and objectives of FMWC
- 3. Applications will be reviewed and grants (\$1,000 to \$2,000) will be awarded by the MARF committee. The number of grants will be subject to the availability of funds
- 4. Ethics approval will be the responsibility of the applicant. Funds will not be released until FMWC receives written confirmation of research ethics approval.
- 5. Recipients of the award will present their research findings, or description of educational or health promotion project, at the scientific session of the Annual Meeting of FMWC and/or publish the results in the FMWC Newsletter.

THANK YOU TO OUR DONORS!

Since the last newsletter, these individuals donated to either the Maude Abbott Loan Fund, Maude Abbott Research Fund or both:

Anonymous

Dr. Barbra Allan

Dr. Vivien Brown

Dr. Shirley Hovan

Dr. Shajia Khan

Dr. Donna Lougheed

Dr. Maureen McCall

Dr. Phoebe Pereira

Dr. Barbara Robinson

Dr. Cathy Wilkie





Join the circle now on JoinTheCircle.ca and you could win one of 4 Ultimate Apple packages worth \$2,000" each. Create your own circle of girlfriends on Facebook to increase your chances to win!

"Subject to prividing a correct answer to a mathematical skill testing question. Confest open to Quelow and Ordania reactions who have reached the age of reaporty in their provision of testiness at the time of entry. The confest will degree on March 146. 2011 and and the worder 200, 2011. On they the and pre-sented the 2011, per person from Quelow and the same tests of tests who, at that time, however, however, and applies perhaps the contest of the first description and pre-sented the 2011, per person from Quelow and the same tests of tests who, at that time, however, however, however, and applies perhaps the contest of the first description performs the same constant of the person of the per

TALK TO YOUR DOCTOR

JoinTheCircle.ca



ANNUAL GENERAL MEETING

LEADERSHIP & ADVOCACY WORKSHOPS

September 16-18, 2011 Vancouver, BC

Trailblazers: Catching Our Dreams

Organizing Committee: Dr. Nahid Azad **(Chair/President-Elect)**, Dr. Deborah Hellyer, Dr. Vyta Senikas, Dr. Andrea Canty, Dr. Teresa Clarke, Dr. Shelley Ross, Ms. Pamela Verma, Ms. Kristin DeGirolamo and Ms. Susan Dallin O'Grady.

Program Objectives

- ▶ To gain insight and retool for effective leadership to achieve your personal and professional dreams
- To illustrate ways to lead change by women who have been trailblazers
- ▶ To highlight new developments in women's health that will improve the quality of life of your patients.
- To facilitate networking between physicians and in particular to foster mentoring between physicians and medical students

PROGRAM

(For more details: www.fmwc.ca)

Friday, September 16, 2011

8:00-16:30	Pre-Conference Accredited Workshops (extra \$)
	a) Dr. Rick Ward, HealthCare Team Effectiveness
	b) Monica Olsen, Managing People Effectively
	b) Monica Oisen, Managing People Elective

(PMI)

17:00-18:00 **Student Meeting**

7:00-7:30

7.45 0.45

18:00-20:00 **Networking Welcome Reception** (included)

Research poster viewings

Breakfast & Registration

Saturday, September 17, 2011

/:45 -8:45	Drs. Vivien Brown and Pat Mousmanis				
	Current Challenges in Vaccination				
8:45 -9:45	Dr. Dorothy Shaw				
	Career Advancement and Career Change				
9:45 -10:15	Break - Tai Chi				
10:15-11:45	11:45 Panel: Made in BC Solutions				
	Interventions for underserved populations				
	Moderator: Dr. Shelley Ross				
	Panelists: Dr. Nadine Caron, Dr. Cathy Clelland				
	and Kristin DeGirolamo				

Due Virrian Bussim and Dat Massamania

11:45-12:45 **Awards Lunch:** featuring award recipients Drs.

Shirley Hovan (May Cohen), Mary Conley (Reproductive Health) and Perle Feldman (Enid Johnson MacLeod). Video message from Avis

Favaro (Honorary Member).

13:00 –14:00 Dr. Vyta Senikas, New Advances and Challenges

in Contraception

Dr. Janet Dollin, 50 Years History of Birth Control

Pill

14:00 - 15:30	Monica Olsen
	Engaging Others in Leadership Development
15:30 - 16:00	Break – Yoga
16:00 - 17:00	TBD
	Strategies in Cervical Cancer Education
	and Prevention
17:00-18:15	Networking Reception (included)
	· Research poster viewings
19:00-22:30	Saturday Soirée ~ Sunset Dinner Cruise, Coal
	Harbour (extra \$)

Sunday, September 18, 2011

7:30-8:15	Hot Breakfast & Annual General Meeting
8:15-9:15	Dr. Kerstin Gustafson
	Is your postmenopausal patient at risk of
	fracture? What you need to know
9:15-10:00	Dr. Diane McIntosh
	Depression and the Impact on Physician Health
10:00-10:45	Panel: Work-Life/Home-Life Balance
	Moderator: Dr. Nahid Azad & Dr. Clara Chia-
	Hua Tan-Tam
	Panelists: Dr. Alexandra T. Greenhill,
	Dr. Birinder Mangat and Pamela Verma
10:45-11:00	Coffee break
11:00-11:45	Dr. Teresa Clarke
	Embracing Health: Women as Catalysts for
	Change
11:45-12:30	Lunch Workshop: Geraldine Vance (BCMA)
	How can Media Reflect Women's Perspective

Accreditation: This event is an accredited group learning activity under Section 1 of the framework of CPD options for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. Approved for **11 credits**.

▶ This program will be reviewed by the CFPC

Reserve your Hotel now!

- Vancouver Marriott Pinnacle Hotel http://www.vancouvermarriott.com
- To reserve Call: 604-684-1128 or 1-800-207-4150 Group Code: FMW
- ▶ \$205 Standard room or \$255 Harbour room
- Booking deadline: before August 17, 2011 (first come, first served)

REGISTRATION

Online @ www.fmwc.ca

OR

Fax form to: 1-877-772-5777

OR

Mail form to: 780 Echo Dr. Ottawa K1S 5R7

Early Bird Draw - Register <u>before</u> July 1, 2011 for a chance at 5 prizes!

- ▶ **Grand Prize Winner** will receive 1 Saturday Soirée ticket plus a hotel upgrade to a one-bedroom suite (including welcome amenities).
- ▶ <u>4 additional draws</u> for individual Saturday Soirée tickets

The FMWC would like to thank its partners for their support and unrestricted educational grants:						
<u>Platinum:</u>						
MERCK						
gsk GlaxoSmithKline Pfizer						
Silver:						
AMGEN"						
Bronze:						
SECTION OF THE PROPERTY OF THE						
ASSOCIATION METERAL MICROSION SERVICES AND S						
Friends:						
Avenue Medical Centre Bowser Technical Paladin						

First Name: Last Name:									
Address:									
City:	Province:	Country:	Postal (Postal Code:					
Tel (Office):	Tel (Home):		Fax:						
E-mail Address:									
Special requirements including dietary:									
Registration Categories:	□ \$375 Non-Member □ \$300 1-day (Sat. Sept. 17 th)		☐ \$225 Full Member/Associate ☐ \$175 1-day (Sat. Sept. 17 th)						
 \$200 Retired or 1st/2nd Yr in Practice or Honorary Senior member \$150 1-day (Sat. Sept. 17th) 	□ \$100 Resident □ \$75 1-day (Sat. Sept. 17 th)		□ \$50 Student						
Extras \$\ \preceq \text{\$100 Saturday Soirée x \} \\ \$50 Saturday Soirée (student) x \\ \$225 HealthCare Team Effective \\ \$600 PMI: Managing People Eff	□ \$ (optional)	Student sponsorship							
Registration fee \$		Method of Payment:							
Pre-conference \$		Cheque (Payable to "FMWC")							
Saturday Soirée \$		Visa/Master Card							
Student Sponsorship \$		Card Number:Expiry date:/							
TOTAL: \$		Signature:							

NEW "Prolia"

The first and only RANK Ligand inhibitor that inhibits the activity of osteoclasts before they get to bone 1*

Now recommended as a first-line therapy for the treatment of postmenopausal osteoporosis in the 2010 Osteoporosis Canada Clinical Practice Guidelines.²

The 2010 Guidelines recommend treatment for patients at high risk of fracture.†

Prolia is indicated for the treatment of postmenopausal women with osteoporosis at high risk for fracture, defined as a history of osteoporotic fracture, or multiple risk factors for fracture; or patients who have failed or are intolerant to other available osteoporosis therapy.

In postmenopausal women with osteoporosis, Prolia reduces the incidence of vertebral, nonvertebral and hip fractures.¹

Prolia is contraindicated in patients with hypocalcemia or who are hypersensitive to the drug or any component of the product. For a complete listing, see the dosage forms, composition and packaging section of the

The safety and efficacy of Prolia have not been studied in pediatric populations. Prolia is not indicated for use in pediatric patients.¹

Adequate intake of calcium and vitamin D is important in all patients including patients with severe renal impairment or receiving dialysis. 1

In the FREEDOM trial, serious infections leading to hospitalizations were reported more frequently in the Prolia group (4.1%) than in the placebo group (3.4%).

Epidermal and dermal events including dermatitis, eczema and rashes occurred at a significantly higher rate in the Prolia group (10.8%) than in the placebo group (8.2%). Consider discontinuing Prolia if severe symptoms

denosumab or bisphosphonates. A dental examination with appropriate preventative dentistry should be considered in patients with risk factors for ONJ. If ONJ occurs during treatment, guide the management plan of each patient based on individual benefit/risk evaluation.¹

Treatment with Prolia resulted in significant suppression of bone remodelling. The significance of these findings and the effect of long-term treatment with Prolia are unknown. Monitor patients for ONJ, atypical fractures and delayed fracture healing.¹

Please see Product Monograph for complete Warnings and Precautions, Dosage and Administration. Physicians should become fully familiarized with the efficacy/safety profile of Prolia and the full content of the Product Monograph prior to prescribing the drug.

- * Comparative clinical significance has not been established.

 * Comparative clinical significance has not been established.

 * High risk is defined as a 10-year fracture risk >20% or prior fragility fracture of hip or spine or >1 fragility fracture. Please see guidelines for complete recommendations.

 * Results from the FREEDOM study an international, randomized, double-blind, placebo-controlled study evaluating fracture reduction in postmenopausal osteoprosis patients receiving 60 mg Prolia or placebo subcutaneously once every 6 months for 3 years [n=7,808, Prolia n=3,902, placebo n=3,906]. Subjects were between the ages of 60 and 90 years and had bone mineral density T-scores less than -2.5 and not less than -4.0. All women received at least 1000 mg calcium and at least 400 IU vitamin D supplementation per day. The primary endpoint was incidence of new vertebral fractures during the entire 36-month treatment period. Times to first hip and nonvertebral fracture were secondary endpoints. 13

 § 92% of Canadian lives covered under National Private Drug Plans. Based on 2011 Applied Management Census of Insurers data.

 ARR absolute risk reduction

 © 2011 Amgen Canada Inc. All rights reserved.

© 2011 Amgen Canada Inc. All rights reserved.

Prolia® and ProVital™ are trademarks of Amgen Inc., used with permission.

References: 1. Prolia Product Monograph. Amgen Canada Inc., August 6, 2010. 2. Papaio et al. 2010 clinical practice guidelines for the diagnosis and management of osterin Canada: summary. CMAJ 2010. DOI:10.150.1503/cmaj.100771. 3. Cummings S Denosumab for prevention of fractures in postmenopausal women with osteoporosis J Med 2009;361(8):756-65.

Demonstrated powerful fracture risk reduction at all measured sites throughout the skeleton: hip, vertebral and nonvertebral 1,3‡

NEJM: FREEDOM Study Results (Prolia n=3,902, placebo n=3,906)

Reduction in risk of new vertebral fractures^{1,3}

Reduction in risk of hip fractures 1,3

Reduction in risk of nonvertebral fractures1,3





Prolia is generally well tolerated¹

In the 3-year FREEDOM study:

- The incidence of adverse events and serious adverse events in patients taking Prolia was comparable to that of patients taking placebo (adverse events Prolia and placebo 93%, p=0.91) (serious adverse events Prolia 25.8%, placebo 25.1%, p=0.61)1
- The three most common adverse events in patients taking Prolia vs. placebo, respectively, were back pain (34.7% vs. 34.6%), arthralgia (20.2% vs. 20.2%) and hypertension (15.8% vs. 16.4%). The three most common serious adverse events, respectively, were osteoarthritis (1.6% vs. 2.0%), atrial fibrillation (0.9% vs. 0.9%) and pneumonia (0.9% vs. 0.9%)1

The safety profile of Prolia was assessed in clinical studies up to



Subcutaneous injection every 6 months supported by the ProVital™ Support Program¹



Covered by over 90% of private drug plans§









From influenza to hepatitis. From melanoma to cervical cancer. Each generation benefits from the discovery of new vaccines. GlaxoSmithKline is a pioneer in the development and production of innovative vaccines to help stop the spread of debilitating or life-threatening diseases. At GSK, we stay ahead by helping to keep Canadians healthy. **Discover more at GSK.ca**



Awards Update / In Memoriam



Dr. Gail Beck Awarded - the Order of Ontario!

Congratulations to FMWC Past President, Dr. Gail Beck for being named to Ontario's highest honour. Dr. Beck, a child and adolescent psychiatrist in Ottawa, was named to the Order of Ontario on January 27th, 2011. Dr. Beck was recognized for her work on behalf of youth, including championing the HPV public immunization program and securing \$300 million in funding to support it nation-wide.

"The FMWC would like to congratulate Dr Beck for her achievement which is in keeping with the FMWC vision by raising awareness of women's health issues and influencing health care policies pertaining to women's health" ~Dr. Deborah Hellyer, FMWC President.

In Memoriam

Our condolences go out to the families of four long-term members who have recently passed away: Lois Davies (Vancouver), Helen Gryniewski (Mississauga), Anne Lloyd (Powell River) and Anathalie Taylor Lee (Victoria)

Awards Update

By Awards Committee Chair: Dr. Phoebe Pereira



A big thank you to our President, Dr. Deborah Hellyer. She had a positive attitude on many issues including backing the new 2011 Student Award. Her communications on various matters

were well phrased and concise. Her recent comments on the Status of Women in connection with International Women's Day pointed out that we need to strive for full equality of women of all ages.

Spring deadlines – June 30, 2011

Go to www.fmwc.ca or contact national office for more details/forms

Student Members

- **Student Leadership Award:** award for leadership
- Maude Abbott Loan Fund: \$1,000 student loans

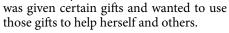
Physician Members

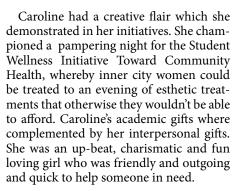
 Margaret Owens-Waite Memorial Fund: \$1,000 grants to support continuing education

Caroline's Foundation

By the Caroline Foundation's board members

Caroline's decision to enter the medical profession was based on a desire to improve her life circumstances. She grew up in a single parent home where there was lots of love but frequently limited finances. Caroline didn't see herself as being hard done by, she knew she





Caroline was smart, hard working, focused and driven to succeed. She influenced her medical school's curriculum by designing the syllabus for a course in Community Health and Epidemiology about the Canadian health care system. She was a staunch supporter of public health care. She organized student attendance and delegate working meetings for



an event aimed at continuing Tommy Douglas' vision of universal public health care. Despite all of these initiatives, Caroline was able to juggle her academic pursuits and graduated from the University of Saskatchewan Medical School in 2009.

Caroline's death left her family, friends and colleagues in disbelief. How could someone with so much potential leave this world so early? Despite her gifts, Caroline like the rest of us was human. She experienced the joys of life but also suffered from its struggles. Caroline accomplished what most of us hope to accomplish in a lifetime. Those close to her strive to ensure that her impact will continue to be felt even after she has left us.

In the months after her passing, friends and family are searching for ways to pay tribute to her. A foundation has been set up in her honor to create a lasting impact on the community she sought to influence in her short life. The foundation is being administered by the Saskatoon Community Foundation (SCF) and donations can be made to: "Caroline's Foundation", care of the SCF, 101-308 Fourth Avenue North, Saskatoon, SK S7K 2L7. Alternatively, donations can be made via PayPal on the website set up in her honor at http://carolinekosmas.org



Dr. Shirley Hovan graduated from the University of Alberta and after Internship and Family Practice Residency at the Royal Alexandra Hospital in Edmonton, began private practice in Red Deer, Alberta. Shirley was the only female doctor in the city for her first five years of practice.

Since beginning practice, she has had an interest in Women's Health along with having a large Obstetrics and Gynecology practice and caring for seniors in Long Term Care. Presently, she is the Chief of Long Term Care for Red Deer, a city of about 90,000 with 2 large public continuing care facilities.

Through the years, she has served as an officer for the medical staff of the Red Deer Hospital, including President and on the management committee as a member and Director of the Associate Clinic. She has continued full time family practice and still enjoys delivering many babies.

She is a member of the Central Alberta Sexual Assault Team and serves on committees for the Primary Care Network. Shirley has been the President of the Central Alberta Branch of the Federation of Medical Women of Canada for several years, a national Past President of FMWC and past Vice President, North America for MWIA.



Perle Feldman is the Post-Graduate Program Director for Family Medicine at North York General Hospital and an Associate Professor of Family Medicine at University of Toronto. She was previously at McGill University where she taught family medicine for over twenty years. She was one of the founders of the maternal-child health fellowship in family medicine at McGill, and created the Goldfarb Breastfeeding Medicine clinic and training

program. She was a member of the expert committee which created the 2001 Quebec government policy on Breastfeeding.

Her publications have appeared in Canadian Family Physician (CFP), CMAJ,



American and the Journal of Ob/Gyn as well as being cited in William's Obstetrics. She writes short stories*. some which have been published in CFP. She has recently received her Master's degree in Health Professional Education University from Illinois, Chicago.

She is married to her original husband, David

Glaser, and is the mother of four adult children.

*To read **"Birth and Death"**, please visit Dr. Feldman's profile in the "AWARDS" section of www.fmwc.ca

Reproductive Health Award

Dr. Mary Conley spent her career as a family doctor, teacher, abortion provider and pro-choice activist. She earned a BSc. with honors from UNB and an MD from UBC.

On moving to Victoria, Dr. Conley joined the Birth Control Clinic and served as their medical advisor for eight years. Throughout her career, she taught contraception and women's health to the medical staff and community groups.

In 1997, identified by her colleagues as an exceptional teacher, she received an award from UBC.

Dr. Conley became actively involved in the Canadian Abortion Rights Action



League and because of her dedication, was named an Honorary Director of National CARAL. She also became the spokesperson for the umbrella group, The Coalition for Choice in Victoria, continuing in this position until she retired.

After training with Dr. Morgentaler in Montreal, Dr. Conley worked on his campaign to overturn the

abortion law. Despite a continual barrage of hate mail, death threats and picketers, and the shooting of a number of Canadian doctors, Dr. Conley continued her work, and, as well, her radio, TV and newspaper interviews. Patients from all over the island, the Gulf Islands and beyond were referred to Dr. Conley, and eventually, she was doing over 90% of all abortions done in Victoria. She was also tireless in her lobbying for RU486.

In 1996 she won a Woman of Distinction Award for voluntary service to the community. She is now retired, and has taken up painting (see "Sophia") with great passion. She lives with her artist husband in Victoria, B.C.



"Sophia" received an Award of Excellence at the Federation of Canadian Artists Spring Show in Victoria. Oil on canvas by Dr. Mary Conley

MWIA News

By MWIA Secretary General: Dr. Shelley Ross



This has been a trying time for our members around the world. Earthquakes in New Zealand and Japan and civil unrest in Egypt and other countries of North Africa have shaken the world in

different ways. MWIA is pleased to report that our members in these various countries are safe and accounted for.

The Western Pacific Regional Meeting was to be held in Tokyo in May, but due to the natural disaster has had to be cancelled. The Northern European Regional meeting, entitled Women on the Move, is taking place in The Netherlands May 19-21st. Visit www.mwia.net for further details

MWIA had a good presence at the Commission on the Status of Women at the United Nations in New York in March. MWIA presented a parallel event entitled Medicine: The Pink Collar Profession, in which FMWC Past President, Dr. Gail MWIA executive Beck, participated. members had a private meeting with Dr. Michelle Bachelet, the head of the new UN agency entitled UN Women. She has offered to have MWIA members on her NGO advisory boards. MWIA also met with the new head of the UN Population Fund, UNFPA, Dr. Babatunde Osotimehin, and plans are being developed for MWIA members in various countries to partner in a mentorship role.

The World Health Organization has a World Health Assembly in May each year. If any FMWC members would like to attend, please let me know and I shall be pleased to register you.

Living in Vancouver, I look forward to being part of the welcoming committee for our Federation members attending the annual meeting in September. Please plan to attend as the program will be interesting and Vancouver is beautiful to visit in September.

The Hijab: the Right to Choose?

An opinion piece by: Dr. Dale Dewar



Part of women's rights is the right to choose to express their religious or cultural beliefs in public and that includes wearing hijab – or even the burga.

Everywhere we have gone in the past few years in Iraq and Pakistan working within maternity care, women and men ask about the Western tendency to ban head cover, whether hijab or the burqa. This public controversy is watched closely by our sisters in Islamic countries.

Wagma is an Afghani doctor working with her husband to provide health care to refugees in North West Frontier province, Pakistan. She wanted to apply for a grant for a microfinancing project from the Canadian government and was required to attend a course in the Canadian embassy on "gender equity". Wagma attended the workshop, wearing hijab as she always did. She came back feeling ashamed and brow-beaten by the instructor, a Canadian-Pakistani who resented the culture of "cover". The organization launched a complaint and Wagma attended the next month's session.

The new instructor came into the room. She was very tall, blond, wearing a kneelength skirt, high heel sandals, bare legs and a short-sleeved blouse with buttons undone at the neck. "I felt like crying in my heart. I was wasting another trip, another day, and I was not going to learn anything." Wagma continued, "But I did! I learned that gender equity meant that

men should not be making decisions for women, that husbands shouldn't have the right to beat up their wives."

Just as Wagma learned not to judge by outward appearance; similarly, we should not judge a woman wearing hijab...whether for her personal faith, her cultural background or her subjection to a coercive culture.

Hijab antedates Islam and probably has its roots in protection from dust in desert regions. Early Christians were very conflicted about whether women's heads should be covered or not; St. Paul suggested both options. Nuns in the Catholic church have worn head cover universally until very recently – and with Buddhist nuns, continue to do so in some places in the world.

What about the burqa? It is challenging to accept the burqa as a freely made choice but we should be equally appalled by laws made by male-dominated governments to force its removal. "Banning the burqa" comes out of the same culture that makes eye candy out of women in the Oscars, promotes a fashion industry that cripples us with its shoes and marginalizes women at decision-making tables at every level of government!

In closing, there are advantages of the hijab. Besides environmental protection, does it matter the hair-do – or its colour? My mother used to put on a kerchief when her hair wasn't up to public viewing. And a burqa? Is this not the expression of total freedom? Scratch where you want and breastfeed at lib? Let us support our sisters make the world safe for them to make whatever choices they wish.

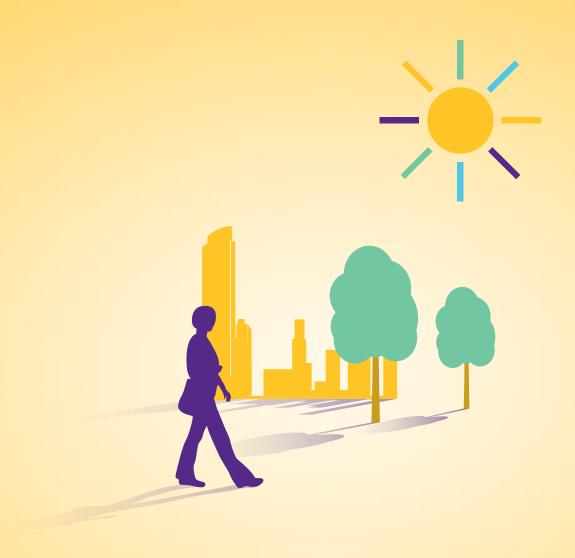
Share Your Story!

The deadline for the **Fall 2011 newsletter** is **September 15, 2011.** Please forward submissions to the National Office at: **fmwcmain@fmwc.ca**

Please send us submissions/news about:

- ✓ Achievements✓ Awards
- ✓ Announcements✓ Congratulations
- ✓ Creative Corner✓ "Letter to the Editor"

The newsletter is for your benefit and enjoyment – so please feel free to contribute!













The BCMA welcomes the

Federation of Medical Women of Canada

to Vancouver for its 2011 AGM

Female physicians are invaluable to the health care system.

The BCMA is proud to have over 4,000 female physicians as members of our association.

BRITISH COLUMBIA MEDICAL ASSOCIATION

www.bcma.org

Calendar of Upcoming Events 2011

April- November 2011 PMI: Leadership development for physicians (CMA)

Various cities across Canada On-line registration now open: www.cma.ca/pmi

April 28, 2011 OMA's Women's Health Care Seminar

Toronto Eaton Centre Marriott Hotel, ON www.oma.org/member/news/ events/pages/agm.aspx

June 21-25, 2011 SOGC's Annual Clinical Meeting (ACM)

The Westin Bayshore, Vancouver, BC www.sogc.org/cme/

July 3-7, 2011 Women's Worlds

Ottawa-Gatineau www.womensworlds.ca

Aug. 21-24, 2011 Annual meeting of the Canadian Medical Association St. John's, NL www.cma.ca

September 16-18, 2011 FMWC's AGM, Leadership & Advocacy Workshops Trailblazers: Catching Our Dreams

Vancouver Marriott Pinnacle Downtown Hotel, BC

On-line registration now open: www.fmwc.ca

October 28-29, 2011 Canadian Conference on Physician Health

Toronto, Ontario www.cma.ca/physicianhealth

Ontario Medical Association's Women's Health Care Seminar ~April 28th

The OMA's 12th Annual Women's Health Care Seminar is taking place on April 28th at the Toronto Eaton Centre Marriott hotel (9:00–16:30). This year's theme is "Women's Health and International Medicine" and features keynote speaker Maureen McTeer, who will present on women's international health and the challenges and changes ahead.

The morning plenary session topics include *Kangaroo Mother Care*, *Strengthening Human Resources for Health* and the *Pregnant Traveller*.

The afternoon lunch will be followed by a leadership session by Peterborough Medical Officer of Health, Dr. Rosanna Pellizzari. She will address the topic of leadership roles and advocating for women's health rights on a global spectrum.

This event is accredited by the CFPC's Ontario Chapter for up to 5.75 Mainpro-M1 credits. Royal College credits have been applied for at this time.

To register for this Seminar, please visit: www.oma.org/member/news/events/pages/agm.aspx or contact Jennifer Csamer at 1.800.268.7215 ext. 3461 or via e-mail, jennifer.csamer@oma.org.

This program is brought to physicians by the Outreach to Women Physicians Committee of the OMA and is complimentary to OMA members.





FMC du Québec – Mise à jour sur l'obstétrique-gynécologie*

En collaboration avec l'Association des obstétriciens et gynécologues du Québec (AOGQ), Collège International de Gynécologie Ambulatoire et l'Université de Sherbrooke

Du 15 au 17 septembre, Fairmont Le Reine Elizabeth, Montréal (Québec)



FMC du Québec en obstétrique **

pour médecins de famille, infirmières et sages-femmes

En collaboration avec l'Association des omnipraticiens en périnatalité du Québec (AOPQ)

Les 10 et 11 novembre, Fairmont Le Reine Elizabeth, Montréal (Québec)



Ontario CME Program
Update in Obstetrics and Gynaecology*

In association with the Ontario Society of Obstetricians and Gynaecologists (OSOG)

December 1-3, Marriott Downtown Eaton Centre, Toronto, ON



THE SOCIETY OF **OBSTETRICIANS** AND **GYNAECOLOGISTS** OF CANADA LA SOCIÉTÉ DES **OBSTÉTRICIENS** ET **GYNÉCOLOGUES** DU CANADA

780 promenade Echo Drive, Ottawa, Ontario K15 SR7 Tel/Tél.: 1 800 561-2416 or/ou (613) 730-4192 Fax/Téléc. : (613) 730-4314 events@sogc.com **www.sogc.org**

Board of Directors 2010–2011

President

Dr. Deborah Hellyer, Windsor, ON
President - Elect
Dr. Nahid Agad, Ottowa ON

Dr. Nahid Azad, Ottawa, ON

Past President

Dr. Andrea Canty, Saint John, NB **Treasurer**

Dr. Vyta Senikas, Ottawa, ON **Honorary Secretary**

Dr. Cathy Wilkie, Winnipeg, MB

MWIA National Coordinator Dr. Maureen Law, Ottawa, ON

Editor, Ex-Officio

Dr. Crystal Cannon, Thunder Bay, ON

National Student Representative Pamela Verma, Vancouver, BC

National Resident Representative

Dr. Clara Chia-Hua Tan-Tam, Port Coquitlam, BC

CMA Specialist Forum Representative

Dr. Sajni Thomas, Saint John, NB **CMA Education Representative** Dr. Karen Breeck, Ottawa, ON

Regional Representatives

Region I (British Columbia, Yukon)

Dr. Teresa Clarke, Vancouver, BC Region II (Alberta, NWT, SK, MB, Nunavut)

Dr. Setorme Tsikata, Edmonton, AB Region III (Ontario, Québec) Dr. Vivien Brown, Toronto, ON Region IV (NB, NS, PEI, NL & Labrador)

Dr. Sajni Thomas, Saint John, NB

Branch Presidents

Okanagan – Dr. Lianne Lacroix Vancouver - Dr. Teresa Clarke Victoria –Dr. Marjon Blouw Calgary – Dr. Elu Thompson Central Alberta – Dr. Shirley Hovan Edmonton – Dr. Marlene Lidkea Saskatoon – Dr. Alanna Danilkewich Winnipeg -Vacancy Kingston - Dr. Carol White Janet Hall Branch - Dr. Zohra Docrat London – Monique Bertrand Hamilton – Vacancy Toronto – Dr. Vivien Brown Ottawa/Hull - Dr. Janet Dollin Moncton – **Vacancy** Saint John - Dr. Kerry Jo Parker Halifax - Vacancy Thunder Bay - Dr. Crystal Cannon

Standing Committees

Awards Committee

Chair – Dr. Phoebe Pereira Members – Dr. May Cohen, Dr. Patricia Warshawski, Dr. Andrea Canty, Dr. Vyta Senikas

Nominating Committee

Chair – Dr. Andrea Canty Members – Dr. Deborah Hellyer, Dr. Charmaine Roye

Finance Committee

Chair – Dr. Kathleen Gartke **Members** – Dr. Susan Wilkinson, Dr. Gail Beck, Dr. Vyta Senikas

Maude Abbott Research Fund Committee

Chair – Dr. Shajia Khan **Members** – Dr. Shirley Hovan, Dr. Rose Goldstein, Dr. Susan Wilkinson

Communications Special Committee

Chair – Dr. Deborah Hellyer Members: Dr. Nahid Azad, Dr. Andrea Canty, Dr. Janet Dollin, Dr. Crystal Cannon

Website Special Committee

Chair - Dr. Janet Dollin Members - Dr. Grace Yeung, Ms. Pamela Verma, Ms. Elissa Cohen

National Pap Test Campaign Special Committee

Chair - Dr. Sajni Thomas

Members: Dr. Deborah Hellyer, Dr. Grace Yeung, Dr. Kathleen Gartke, Dr. Monique Bertrand

(ON/QC); Dr. Kerry Jo Parker, Dr. Oluwasayo Olatunde (Atlantic provinces)

Students: Kirsti Ziola, Kathryn Isaac, Toni Burbidge

West – Vacancy

To reach one of the Board members, simply email fmwcmain@fmwc.ca or call the National Office and your message will be forwarded to them: 1-877-771-3777 (toll free) or 613-569-5881 (in Ottawa)